

ZONDAG 13 SEPTEMBER 2009 14h30

PLAATS: SPORTCOMPLEX 'T KAPELLEKE

JOGGING

ORGANISATIE: AC HERENTALS
HERENTHOUTSE ATLETIEKCLUB

AFSTAND : 1000 METER

| Plaats | Naam | Voornaam | Gemeente | Num | G | Geb | Tijd |
|--------|-----------------|-----------|------------|-----|---|-----|----------|
| 1 | VAN DYCK | JORN | POEDERLEE | 9 | M | 98 | 00:06:11 |
| 2 | JOOSTEN | MATHIAS | HERENTHOUT | 50 | M | 9 | 00:06:26 |
| 3 | VAN BESOUW | ALEXANDRA | HERENTHOUT | 17 | V | 99 | 00:06:38 |
| 4 | VAN TURNHOUT | JENS | BOUWEL | 29 | M | 98 | 00:06:45 |
| 5 | VAN GOOL | STEF | HERENTALS | 6 | M | 0 | 00:06:52 |
| 6 | VAN GOOL | BJORN | HERENTALS | 2 | M | 1 | 00:06:53 |
| 7 | VAN REETH | JOPPE | HERENTHOUT | 48 | M | 98 | 00:06:54 |
| 8 | DEVLEESCHOUWER | JENS | HERENTHOUT | 44 | M | 98 | 00:06:55 |
| 9 | VAN DYCK | RINUS | OLEN | 35 | M | 0 | 00:07:01 |
| 10 | VERDONCK | FLOOR | HERENTHOUT | 7 | V | 0 | 00:07:03 |
| 11 | VAN DYCK | WARD | HERENTALS | 15 | M | 0 | 00:07:07 |
| 12 | BELLENS | ROBBE | HERENTHOUT | 11 | M | 98 | 00:07:15 |
| 13 | BARTLE | ANGIE | HERENTHOUT | 32 | V | 99 | 00:07:20 |
| 14 | COOLS | NORE | OLEN | 8 | V | 0 | 00:07:20 |
| 15 | VAN DYCK | WIES | OLEN | 36 | M | 0 | 00:07:28 |
| 16 | BARTLE | JOVI | HERENTHOUT | 33 | M | 97 | 00:07:32 |
| 17 | VAN REGENMORTEL | EMILE | HERENTHOUT | 31 | M | 1 | 00:07:33 |
| 18 | POELS | KILIAN | LILLE | 21 | M | 98 | 00:07:34 |
| 19 | VAN REETH | FLOORTJE | WIEKEVORST | 49 | V | 0 | 00:07:43 |
| 20 | STOFMEEL | JORRE | HERENTHOUT | 28 | M | 1 | 00:07:45 |
| 21 | VAN TURNHOUT | BRENT | BOUWEL | 30 | M | 0 | 00:07:46 |
| 22 | WIJNS | SANDER | HERENTHOUT | 41 | M | 2 | 00:08:03 |
| 23 | VAN DE VEN | ROBBE | HERENTHOUT | 40 | M | 2 | 00:08:06 |
| 24 | VAN TULDEN | JOSSE | HERENTHOUT | 26 | M | 0 | 00:08:17 |
| 25 | MEES | EMMA | HERENTALS | 14 | V | 99 | 00:08:46 |
| 26 | GEERTS | RENO | HERENTHOUT | 20 | M | 3 | 00:08:52 |
| 27 | SAENEN | JULIE | BOUWEL | 34 | V | 99 | 00:09:00 |
| 28 | VAN DE VEN | KAAT | HERENTHOUT | 37 | V | 4 | 00:09:10 |
| 29 | POELS | KJENTO | LILLE | 22 | M | 5 | 00:09:50 |

ZONDAG 13 SEPTEMBER 2009 14h45
 PLAATS: SPORTCOMPLEX 'T KAPELLEKE
 JOGGING

ORGANISATIE: AC HERENTALS
 HERENTHOUTSE ATLETIEKCLUB

AFSTAND : 4,0 KM

| Plaats | Naam | Voornaam | Gemeente | Num | G | | Geb | Tijd | Snelh |
|--------|----------------|-----------|--------------|-----|---|-----|-----|----------|-------|
| 1 | SUETENS | TOM | NIJLEN | 411 | M | 1 * | 94 | 00:15:59 | 15,02 |
| 2 | RENDERS | YELTE | NOORDERWIJK | 475 | M | 2 * | 94 | 00:16:30 | 14,55 |
| 3 | VAN DEN BROECK | BART | MORKHOVEN | 480 | M | 3 * | 77 | 00:16:45 | 14,33 |
| 4 | DE ROOY | ANDY | VORSELAAR | 464 | M | 4 | 74 | 00:16:57 | 14,16 |
| 5 | BOECKXSTAENS | ROBIN | HERENTHOUT | 446 | M | 5 | 89 | 00:17:14 | 13,93 |
| 6 | BIERINCKX | LAURENT | HERENTHOUT | 433 | M | 6 | 95 | 00:17:16 | 13,90 |
| 7 | VERTOMMEN | HANS | KESSEL | 473 | M | 7 | | 00:17:42 | 13,56 |
| 8 | RENAP | NILS | HERENTHOUT | 478 | M | 8 | 94 | 00:17:55 | 13,40 |
| 9 | MONSECOUR | LIESBETH | HULSHOUT | 442 | V | 1 * | 84 | 00:18:07 | 13,25 |
| 10 | GOMMERS | PAUL | HERENTHOUT | 448 | M | 9 | 63 | 00:18:09 | 13,22 |
| 11 | VALCKX | BJORN | HERENTALS | 427 | M | 10 | 91 | 00:18:13 | 13,17 |
| 12 | DIERCKX | JENS | LICHTAART | 456 | M | 11 | 95 | 00:18:27 | 13,01 |
| 13 | VAN DYCK | MARC | POEDERLEE | 403 | M | 12 | 71 | 00:18:31 | 12,96 |
| 14 | VAN LOOCK | JAN | BOOISCHOT | 460 | M | 13 | | 00:19:14 | 12,48 |
| 15 | TORFS | LUCAS | HERENTALS | 429 | M | 14 | 95 | 00:19:32 | 12,29 |
| 16 | BROSENS | DRIES | RIJKEVORSEL | 466 | M | 15 | 99 | 00:19:40 | 12,20 |
| 17 | OP DE BEECK | FREDERIC | HERENTHOUT | 421 | M | 16 | 95 | 00:19:43 | 12,17 |
| 18 | COVENT | DIRK | VORSELAAR | 449 | M | 17 | 53 | 00:20:25 | 11,76 |
| 19 | VERHAERT | RENÉ | WIEKEVORST | 426 | M | 18 | 56 | 00:20:30 | 11,71 |
| 20 | STRUYFS | HERMAN | BOUWEL | 416 | M | 19 | 61 | 00:20:31 | 11,70 |
| 21 | HEYLEN | VIC | HALLAAR | 444 | M | 20 | 54 | 00:20:32 | 11,69 |
| 22 | SMOLDERS | SIMON | KASTERLEE | 434 | V | 2 | 97 | 00:20:36 | 11,65 |
| 23 | MEES | JEF | HERENTALS | 410 | M | 21 | 96 | 00:20:39 | 11,62 |
| 24 | VERREYDT | YENTL | HERENTHOUT | 431 | M | 22 | 95 | 00:20:40 | 11,61 |
| 25 | DELEN | NILS | HERENTALS | 413 | M | 23 | 95 | 00:20:42 | 11,59 |
| 26 | VANDENHOVE | LORE | WESTMEERBEEK | 404 | V | 3 | 97 | 00:20:59 | 11,44 |
| 27 | AUGUSTYNS | FREDERIK | HERENTHOUT | 422 | M | 24 | 98 | 00:21:05 | 11,38 |
| 28 | VAN DEN SCHOOR | SARA | HEIST-OP-DEN | 467 | V | 4 | 97 | 00:21:15 | 11,29 |
| 29 | MALFAIT | RONNY | HERENTHOUT | 412 | M | 25 | 70 | 00:21:56 | 10,94 |
| 30 | VAN HOOF | FREDDY | BERLAAR | 477 | M | 26 | 49 | 00:21:57 | 10,93 |
| 31 | COOL | SIEBE | PULLE | 415 | M | 27 | 96 | 00:22:04 | 10,88 |
| 32 | CEULEMANS | LOUIS | MORKHOVEN | 479 | M | 28 | | 00:22:36 | 10,62 |
| 33 | LEBLON | JARNE | HERENTHOUT | 407 | M | 29 | 96 | 00:22:41 | 10,58 |
| 34 | VERVECKEN | PHILLIPPE | NIJLEN | 432 | M | 30 | 80 | 00:22:42 | 10,57 |
| 35 | VETS | THOMAS | WESTMEERBEEK | 405 | M | 31 | 0 | 00:22:50 | 10,51 |
| 36 | VETS | LUC | WESTMEERKEEK | 406 | M | 32 | 65 | 00:22:51 | 10,50 |
| 37 | SALAERTS | JULES | ITEGEM | 424 | M | 33 | | 00:23:19 | 10,29 |
| 38 | WOUTERS | JOERI | HERENTHOUT | 401 | M | 34 | 85 | 00:23:20 | 10,29 |
| 39 | GLASSEE | LOUIS | HERENTHOUT | 469 | M | 35 | 43 | 00:23:22 | 10,27 |
| 40 | PEETERS | DANNY | LILLE | 463 | M | 36 | 60 | 00:23:34 | 10,18 |
| 41 | PAPEN | GUST | HULSHOUT | 435 | M | 37 | 40 | 00:23:40 | 10,14 |
| 42 | RAETS | GLENN | HERENTHOUT | 459 | M | 38 | 89 | 00:23:49 | 10,08 |
| 43 | JACOBS | YANICK | HERENTHOUT | 402 | M | 39 | 92 | 00:23:52 | 10,06 |
| 44 | VAN THIELEN | INE | HERENTHOUT | 481 | V | 5 | | 00:23:54 | 10,04 |
| 45 | VAN NUFFEL | JOS | NIJLEN | 470 | M | 40 | 45 | 00:24:09 | 9,94 |
| 46 | VAN ORSHAEGEN | NICOLE | OLEN | 462 | V | 6 | | 00:24:16 | 9,89 |
| 47 | VAN DEN SCHOOR | SENNE | HEIST-OP-DEN | 468 | M | 41 | 1 | 00:24:16 | 9,89 |
| 48 | SMETS | MARIA | HERENTHOUT | 443 | V | 7 | 48 | 00:24:23 | 9,84 |
| 49 | GLASSÉE | NATASJA | OLEN | 437 | V | 8 | 73 | 00:24:33 | 9,78 |
| 50 | EGGERS | PEGGY | WIEKEVORST | 445 | V | 9 | 67 | 00:24:46 | 9,69 |
| 51 | BAESTAENS | NATHALIE | HALLAAR | 476 | V | 10 | 88 | 00:24:54 | 9,64 |
| 52 | T'SEYEN | LIESBETH | MORKHOVEN | 400 | V | 11 | 81 | 00:24:59 | 9,61 |

Wij danken U van harte voor uw sportieve deelname
 Wij hopen u terug te zien op onze Kerstcorrida (26-12)

ZONDAG 13 SEPTEMBER 2009 14h45
 PLAATS: SPORTCOMPLEX 'T KAPELLEKE
 JOGGING

ORGANISATIE: AC HERENTALS
 HERENTHOUTSE ATLETIEKCLUB

AFSTAND : 4,0 KM

| Plaats | Naam | Voornaam | Gemeente | Num | G | Geb | Tijd | Snelh |
|--------|--------------|----------|--------------|-----|---|-----|-------------|-------|
| 53 | VERRELST | JEANNINE | BOUWEL | 436 | V | 12 | 55 00:25:00 | 9,60 |
| 54 | SAENEN | EVELINE | BOUWEL | 420 | V | 13 | 96 00:25:12 | 9,52 |
| 55 | VERVLJET | CHRISTEL | BOUWEL | 419 | V | 14 | 65 00:25:14 | 9,51 |
| 56 | SMOLDERS | FLORIAN | KASTERLEE | 438 | M | 42 | 98 00:25:37 | 9,37 |
| 57 | YSKOUT | CYNTHIA | WIEKEVORST | 472 | V | 15 | 73 00:26:01 | 9,22 |
| 58 | ROOS | ANNIK | RIJKEVORSEL | 465 | V | 16 | 69 00:26:01 | 9,22 |
| 59 | VAN TICHELST | BRENT | HERENTHOUT | 409 | M | 43 | 1 00:26:15 | 9,14 |
| 60 | VANDEKEYBUS | LIEVE | HERENTHOUT | 423 | V | 17 | 62 00:26:28 | 9,07 |
| 61 | CORNELIS | GIANNI | HERENTHOUT | 447 | M | 44 | 00:26:42 | 8,99 |
| 62 | BUERMANS | GAËLLE | HERENTHOUT | 418 | V | 18 | 9 00:26:51 | 8,94 |
| 63 | VAN REET | CHRIS | HERENTHOUT | 428 | M | 45 | 68 00:27:01 | 8,88 |
| 64 | DANEELS | NADIA | HERENTHOUT | 461 | V | 19 | 77 00:27:02 | 8,88 |
| 65 | STEVENS | CARINE | BOOISCHOT | 455 | V | 20 | 62 00:27:33 | 8,71 |
| 66 | GOYVAERTS | DIANE | HEIST-OP-DEN | 453 | V | 21 | 64 00:27:33 | 8,71 |
| 67 | DE BACKER | MARLEEN | BERINGEN | 452 | V | 22 | 57 00:27:57 | 8,59 |
| 68 | SCHEERS | LIES | HERENTHOUT | 457 | V | 23 | 79 00:28:04 | 8,55 |
| 69 | VAN TICHELST | JOZEF | HERENTHOUT | 408 | M | 46 | 67 00:28:06 | 8,54 |
| 70 | HEREMANS | AGNES | BEERZEL | 414 | V | 24 | 56 00:28:12 | 8,51 |
| 71 | VOLKAERTS | SANDRA | SCHRIEK | 417 | V | 25 | 73 00:28:13 | 8,51 |
| 72 | GEUKENS | AXEL | HERENTHOUT | 451 | M | 47 | 00:28:46 | 8,34 |
| 73 | GEUKENS | CHRIS | HERENTHOUT | 450 | V | 26 | 00:28:47 | 8,34 |
| 74 | SCHEERS | MARGO | ITEGEM | 458 | V | 27 | 81 00:28:57 | 8,29 |
| 75 | VAN AGTMAEL | CLAUDIA | BORGERHOUT | 441 | V | 28 | 82 00:29:41 | 8,09 |
| 76 | VAES | KOEN | HERENTHOUT | 440 | M | 48 | 82 00:29:42 | 8,08 |
| 800 | VERMEULEN | KAAT | HERENTHOUT | 471 | V | 0 | 94 | |

ZONDAG 13 SEPTEMBER 2009 15h15
 PLAATS: SPORTCOMPLEX 'T KAPELLEKE
 JOGGING

ORGANISATIE: AC HERENTALS
 HERENTHOUTSE ATLETIEKCLUB

AFSTAND : 7,0 KM

| Plaats | Naam | Voornaam | Gemeente | Num | G | Geb | Tijd | Snelh |
|--------|-----------------|----------|--------------|-----|---|-----|-------------|-------|
| 1 | VAN ROOY | TOM | LILLE | 727 | M | 1 * | 82 00:24:11 | 17,37 |
| 2 | VAN DEN BOSSCHE | BRIAN | HERENTHOUT | 765 | M | 2 * | 00:24:30 | 17,14 |
| 3 | VERMEYLEN | MICHAEL | BOOISCHOT | 758 | M | 3 * | 84 00:24:45 | 16,97 |
| 4 | GOMMERS | CHRIS | HERENTHOUT | 743 | M | 4 | 67 00:24:52 | 16,89 |
| 5 | PRIMS | JO | BOUWEL | 766 | M | 5 | 84 00:25:44 | 16,32 |
| 6 | RENDERS | NICK | NOORDERWIJK | 750 | M | 6 | 86 00:26:11 | 16,04 |
| 7 | VERHAERT | GERRY | WESTERLO | 728 | M | 7 | 82 00:26:45 | 15,70 |
| 8 | HOEFKENS | JAN | WIEKEVORST | 718 | M | 8 | 68 00:28:00 | 15,00 |
| 9 | VAN LENT | JURGEN | SCHRIEK | 713 | M | 9 | 68 00:28:25 | 14,78 |
| 10 | RENDERS | SUS | NOORDERWIJK | 747 | M | 10 | 62 00:28:37 | 14,68 |
| 11 | RAETS | MARC | HERENTHOUT | 729 | M | 11 | 59 00:28:40 | 14,65 |
| 12 | VAN DE GENDER | JELLE | HERENTALS | 756 | M | 12 | 81 00:28:42 | 14,63 |
| 13 | BROSENS | MARC | RIJKEVORSEL | 732 | M | 13 | 66 00:28:46 | 14,60 |
| 14 | CLAES | AN | WESTERLO | 700 | V | 1 * | 82 00:28:57 | 14,51 |
| 15 | WAGEMANS | PETER | HERENTHOUT | 701 | M | 14 | 62 00:28:58 | 14,50 |
| 16 | VAN HOOF | EDDY | BEGIJNENDIJK | 739 | M | 15 | 61 00:29:06 | 14,43 |
| 17 | LIECKENS | VICKY | LILLE | 726 | V | 2 | 80 00:29:30 | 14,24 |
| 18 | BEYNAERTS | KIM | BEGIJNENDIJK | 742 | M | 16 | 85 00:29:31 | 14,23 |
| 19 | VERTOMMEN | GINO | HERENTHOUT | 777 | M | 17 | 65 00:29:50 | 14,08 |
| 20 | BRABANTS | BART | RAMSEL | 751 | M | 18 | 64 00:29:57 | 14,02 |
| 21 | HEYLEN | GUY | BOUWEL | 761 | M | 19 | 64 00:29:59 | 14,01 |
| 22 | CAERS | GEERT | GEEL | 712 | M | 20 | 63 00:30:03 | 13,98 |
| 23 | VAN LIMBERGEN | FREDERIK | BOUWEL | 705 | M | 21 | 77 00:30:14 | 13,89 |
| 24 | DE VOEGHT | WIM | ITEGEM | 768 | M | 22 | 68 00:30:44 | 13,67 |
| 25 | VAN DYCK | MICHEL | HEIST-OP-DEN | 716 | M | 23 | 64 00:31:08 | 13,49 |
| 26 | HEYNS | MARC | HERENTHOUT | 721 | M | 24 | 67 00:31:11 | 13,47 |
| 27 | VAN DEN BROECK | IGNACE | HERENTHOUT | 778 | M | 25 | 89 00:31:27 | 13,35 |
| 28 | COOL | RANEC | PULLE | 710 | M | 26 | 91 00:31:42 | 13,25 |
| 29 | DIERCKX | JO | LICHTAART | 725 | M | 27 | 66 00:31:46 | 13,22 |
| 30 | VAN DE GAER | JAN | TIELT-WINGE | 719 | M | 28 | 51 00:32:22 | 12,98 |
| 31 | VAN DE POL | EDDY | GROBBENDONK | 773 | M | 29 | 58 00:32:27 | 12,94 |
| 32 | LEYSEN | LIESBETH | ITEGEM | 767 | V | 3 | 72 00:32:38 | 12,87 |
| 33 | DUCHHEYNE | LIEVE | GROBBENDONK | 722 | V | 4 | 64 00:33:04 | 12,70 |
| 34 | VAN ROMPAEY | ANDRE | BETEKOM | 752 | M | 30 | 55 00:33:06 | 12,69 |
| 35 | LEYSEN | LUC | HERENTALS | 745 | M | 31 | 57 00:33:22 | 12,59 |
| 36 | OP DE BEECK | ERIC | HERENTHOUT | 714 | M | 32 | 63 00:33:48 | 12,43 |
| 37 | VERVOORT | NICK | HERENTALS | 771 | M | 33 | 86 00:33:51 | 12,41 |
| 38 | VAN LIMBERGEN | FILIP | HERENTHOUT | 717 | M | 34 | 76 00:33:56 | 12,38 |
| 39 | OLYSLAEGERS | WALTER | BOUWEL | 738 | M | 35 | 50 00:33:59 | 12,36 |
| 40 | VERBEECK | STEFANIE | HERENTALS | 759 | V | 5 | 85 00:34:23 | 12,22 |
| 41 | RAETS | WIM | HERENTHOUT | 704 | M | 36 | 74 00:35:04 | 11,98 |
| 42 | DE BACKER | DANNY | VOORTKAPEL | 749 | M | 37 | 59 00:35:13 | 11,93 |
| 43 | VERSCHEUREN | NANCY | BOUWEL | 754 | V | 6 | 71 00:35:47 | 11,74 |
| 44 | VERSCHUEREN | LUTGARD | WIEKEVORST | 757 | V | 7 | 66 00:35:48 | 11,73 |
| 45 | DE BELDER | MARC | WIEKEVORST | 741 | M | 38 | 65 00:36:20 | 11,56 |
| 46 | VAN BESOUW | RUDY | HERENTHOUT | 702 | M | 39 | 58 00:36:23 | 11,54 |
| 47 | COOLS | LISE | OLEN | 731 | V | 8 | 98 00:36:25 | 11,53 |
| 48 | JANSSEN | JOHAN | HOUTVENNE | 772 | M | 40 | 77 00:36:43 | 11,44 |
| 49 | CORNELIS | DANNY | PUTTE | 734 | M | 41 | 63 00:37:06 | 11,32 |
| 50 | VETTERS | DIANA | HULSHOUT | 740 | V | 9 | 52 00:37:40 | 11,15 |
| 51 | COOL | RUDY | PULLE | 708 | M | 42 | 62 00:38:37 | 10,88 |
| 52 | VERMAELEN | SANDRA | HEIST-OP-DEN | 733 | V | 10 | 71 00:38:48 | 10,82 |

Wij danken U van harte voor uw sportieve deelname
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ZONDAG 13 SEPTEMBER 2009 15h15
 PLAATS: SPORTCOMPLEX 'T KAPELLEKE
 JOGGING

ORGANISATIE: AC HERENTALS
 HERENTHOUTSE ATLETIEKCLUB

AFSTAND : 7,0 KM

| Plaats | Naam | Voornaam | Gemeente | Num | G | Geb | Tijd | Snelh |
|--------|----------------|-----------|--------------|-----|---|-------|----------|-------|
| 53 | VAN WOENSEL | DIRK | HEIST-OP-DEN | 707 | M | 43 63 | 00:38:49 | 10,82 |
| 54 | LAENEN | RIT | PULLE | 711 | V | 11 61 | 00:38:55 | 10,79 |
| 55 | WITVROUWEN | GRIET | HERENTHOUT | 737 | V | 12 71 | 00:39:33 | 10,62 |
| 56 | DE REYCK | ANNEMIE | HERENTHOUT | 715 | V | 13 60 | 00:39:34 | 10,61 |
| 57 | STERCKX | YVO | ZICHEM | 736 | M | 44 50 | 00:39:38 | 10,60 |
| 58 | VAN TURNHOUT | GEERT | BOUWEL | 735 | M | 45 67 | 00:40:18 | 10,42 |
| 59 | COMPAGNIE | NANCY | HULSHOUT | 770 | V | 14 70 | 00:41:29 | 10,12 |
| 60 | GIJSEMANS | MICHEL | HEIST OP DEN | 769 | M | 46 58 | 00:41:32 | 10,11 |
| 61 | RAEYMAEKERS | ELS | HERENTHOUT | 720 | V | 15 71 | 00:41:46 | 10,06 |
| 62 | WOUTERS | LUCIENNE | VOORTKAPEL | 748 | V | 16 65 | 00:41:49 | 10,04 |
| 63 | VISSERS | CONNY | BOUWEL | 730 | V | 17 65 | 00:42:00 | 10,00 |
| 64 | VAN KERCKHOVEN | DAVID | SCHRIEK | 724 | M | 47 92 | 00:42:20 | 9,92 |
| 65 | SMITS | ERWIN | BOUWEL | 764 | M | 48 66 | 00:42:22 | 9,91 |
| 66 | FEREMANS | MARINA | HEIST-OP-DEN | 706 | V | 18 65 | 00:42:48 | 9,81 |
| 67 | HELSEN | CARINE | HERENTHOUT | 774 | V | 19 70 | 00:44:23 | 9,46 |
| 68 | DEVRIES | ERIC | PIJPELHEIDE | 763 | M | 49 61 | 00:44:24 | 9,46 |
| 69 | DE BACKER | FERDINAND | KESSEL | 744 | M | 50 44 | 00:45:14 | 9,29 |
| 70 | VERBRAEKEN | PATRICIA | RAMSEL | 746 | V | 20 64 | 00:46:20 | 9,06 |
| 71 | VERTOMMEN | SHARIN | HERENTHOUT | 775 | V | 21 93 | 00:47:27 | 8,85 |
| 72 | COESEMANS | IRIS | HERENTHOUT | 723 | V | 22 94 | 00:47:31 | 8,84 |

ZONDAG 13 SEPTEMBER 2009 16h00

PLAATS: SPORTCOMPLEX 'T KAPELLEKE

JOGGING

ORGANISATIE: AC HERENTALS
HERENTHOUTSE ATLETIEKCLUB

AFSTAND : 10,0 KM

| Plaats | Naam | Voornaam | Gemeente | Num | G | | Geb | Tijd | Snelh |
|--------|-----------------|-----------|--------------|-----|---|-----|-----|----------|-------|
| 1 | LIECKENS | BART | WESTERLO | 902 | M | 1 * | 77 | 00:34:36 | 17,34 |
| 2 | BIERINCKX | VINCENT | HERENTHOUT | 756 | M | 2 * | 90 | 00:37:31 | 15,99 |
| 3 | VERMONDEN | WOUTER | MALLE | 983 | M | 3 * | 89 | 00:37:52 | 15,85 |
| 4 | GOOSSENS | ANDY | HERENTHOUT | 908 | M | 4 | 81 | 00:38:27 | 15,60 |
| 5 | DUWEIN | PEPIJN | WIJGMAAL | 970 | M | 5 | 77 | 00:38:41 | 15,51 |
| 6 | VAN BIJLEN | MARCEL | HULSHOUT | 930 | M | 6 | 55 | 00:40:10 | 14,94 |
| 7 | RUYTHOOREN | LUC | LIER | 950 | M | 7 | 59 | 00:40:44 | 14,73 |
| 8 | VRANCKX | MARIA | HERENTHOUT | 958 | V | 1 * | 64 | 00:40:52 | 14,68 |
| 9 | VANHECKE | ELLEN | HEULTJE | 967 | V | 2 | 91 | 00:41:08 | 14,59 |
| 10 | VAN STEEN | SANDRA | HEIST OP DEN | 973 | V | 3 | 68 | 00:41:08 | 14,59 |
| 11 | VAN DEN SCHOOR | BART | HEIST-OP-DEN | 944 | M | 8 | 70 | 00:41:10 | 14,57 |
| 12 | MEEUS | DANNY | NIJLEN | 991 | M | 9 | 61 | 00:41:45 | 14,37 |
| 13 | VANDEN BRANDE | FILIP | WIEKEVORST | 974 | M | 10 | 69 | 00:42:16 | 14,20 |
| 14 | PELGRIMS | EDOUARD | SCHRIEK | 979 | M | 11 | 55 | 00:43:07 | 13,92 |
| 15 | SLUYTS | ERIC | HERENTHOUT | 932 | M | 12 | 66 | 00:43:13 | 13,88 |
| 16 | LIEVEYNS | STIJN | LIER | 961 | M | 13 | 77 | 00:44:20 | 13,53 |
| 17 | DE CEUSTER | JAN | HERENTALS | 903 | M | 14 | 76 | 00:44:31 | 13,48 |
| 18 | BEQUET | MARC | LIER | 986 | M | 15 | 63 | 00:44:58 | 13,34 |
| 19 | DIERCKX | RAF | HERENTHOUT | 923 | M | 16 | 56 | 00:45:17 | 13,25 |
| 20 | DE HONDT | STEVEN | ITEGEM | 939 | M | 17 | 74 | 00:45:57 | 13,06 |
| 21 | RIJNDERS | ANNELIES | BEVEL | 981 | V | 4 | 89 | 00:46:02 | 13,03 |
| 22 | VAN LOOCK | LUC | NIJLEN | 960 | M | 18 | 59 | 00:46:03 | 13,03 |
| 23 | RIJNDERS | JEROEN | RAMSEL | 980 | M | 19 | 77 | 00:46:26 | 12,92 |
| 24 | SMOLDERS | WILFRIED | KASTERLEE | 924 | M | 20 | 67 | 00:46:37 | 12,87 |
| 25 | VAN DONINCK | JANNA | NOORDERWIJK | 972 | V | 5 | 90 | 00:47:25 | 12,65 |
| 26 | VERHAERT | KRIS | HEIST-OP-DEN | 922 | M | 21 | 78 | 00:47:26 | 12,65 |
| 27 | VAN HOOF | MICHEL | HERENTHOUT | 925 | M | 22 | 72 | 00:47:54 | 12,53 |
| 28 | DIERCKX | MARC | KESSEL | 975 | M | 23 | 60 | 00:48:51 | 12,28 |
| 29 | JACQUEMYN | WIM | ANTWERPEN | 971 | M | 24 | 83 | 00:49:12 | 12,20 |
| 30 | VERHAEGEN | ILSE | BOOISCHOT | 962 | V | 6 | 65 | 00:49:24 | 12,15 |
| 31 | DILLEN | GEERT | HERENTHOUT | 964 | M | 25 | 70 | 00:49:27 | 12,13 |
| 32 | WUYTS | KURT | BOUWEL | 990 | M | 26 | 65 | 00:49:34 | 12,10 |
| 33 | JACOBS | RUDI | HERENTHOUT | 982 | M | 27 | 62 | 00:49:39 | 12,08 |
| 34 | VAN DEN BRANDE | EDGARD | VORSELAAR | 978 | M | 28 | 58 | 00:51:05 | 11,75 |
| 35 | VAN THIELEN | JASPER | HERENTALS | 976 | M | 29 | 95 | 00:51:07 | 11,74 |
| 36 | GLASSEE | BENNY | HERENTHOUT | 940 | M | 30 | 75 | 00:51:20 | 11,69 |
| 37 | VAN HAGGENBORGH | GEERT | ROTSELAAR | 995 | M | 31 | 67 | 00:52:40 | 11,39 |
| 38 | ROELANT | MARC | LIEDEKERKE | 988 | M | 32 | 62 | 00:53:37 | 11,19 |
| 39 | DAEMS | JOHN | HERENTALS | 992 | M | 33 | 69 | 00:54:20 | 11,04 |
| 40 | BIERINCKX | RENÉ | GROBBENDONK | 987 | M | 34 | 61 | 00:54:41 | 10,97 |
| 41 | TOPS | INGRID | HERENTHOUT | 985 | V | 7 | 63 | 00:55:02 | 10,90 |
| 42 | VERMONDEN | ANNELIES | MALLE | 984 | V | 8 | 87 | 00:55:40 | 10,78 |
| 43 | VAN NUFFEL | STEVEN | HERENTALS | 949 | M | 35 | 71 | 00:56:48 | 10,56 |
| 44 | VALGAEREN | EMIEL | HERENTALS | 946 | M | 36 | 38 | 00:57:20 | 10,47 |
| 45 | VERVLOET | THERESIA | SCHRIEK | 921 | V | 9 | 63 | 00:57:32 | 10,43 |
| 46 | DEBRIER | VALENTIJN | BERLAAR | 989 | M | 37 | 57 | 00:57:32 | 10,43 |
| 47 | BUSSCHODTS | RENE | BEERZEL | 913 | M | 38 | 57 | 00:57:48 | 10,38 |